

BACK TO SCHOOL



IT'S January and everyone's back at school. But a lot of people find it difficult to get back into a routine after Christmas, so here are some simple tips to help you ease in quicker:

- 1. Make sure your school work is ready.** It can be easy to forget about homework and school projects while we're having fun celebrating Christmas and the new year. It's always a good idea to make a list of the school work and assignments that you have coming up. This will help you remember everything you have to do and will help get you organised. It's also satisfying to be able to cross everything off!
- 2. Get your school bag ready the night before.** We've all been there before: it's your first few weeks back and you've forgotten your pencil case already! For the rest of the day, your teacher is annoyed with you and you have to find someone who will lend you stationery. Worry no more! Pack your bag the night before so that in the morning you have a spare ten minutes to listen to music or sleep in. Don't forget about school, though!
- 3. Make a list.** Uh-oh, the lists are back again! But this time it's all about school goals! As it's a new term, make a list of things you want to achieve. Are you struggling with maths? Do you want to get involved with more clubs at school? Is getting to school on time an issue? Think of one thing you could do to change each of these problems.



I'M ESTHER RANTZEN, PRESIDENT OF CHILDLINE, WHICH HELPS THOUSANDS OF CHILDREN EVERY WEEK. IF YOU EVER NEED TO TALK, YOU CAN VISIT WWW.CHILDLINE.ORG.UK OR CALL THEM ON 0800 11 11.

WWF Advertisement feature

THE WINNERS ARE REVEALED!



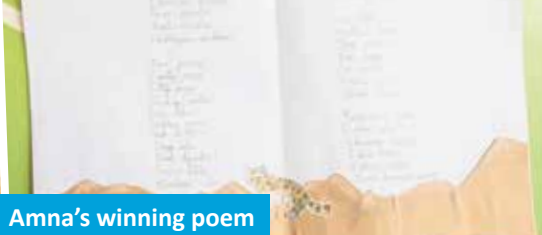
TO mark WWF's special edition of the Living Planet Report last year, we launched an exciting poetry competition about endangered species mentioned within the report. We had so many amazing entries, and we are now delighted to reveal the winners...

Congratulations to **Amna Aslam-Denn** at Holmer Green Junior School in Buckinghamshire and **Nalini Nandeiba** at King Edward's School in Bath, who both wowed the judges with their beautiful poems about snow leopards – with special reference to Amna's innovative style and Nalini's stunning illustration.

The lucky winners each win a trip for their class to go to see *Doctor Dolittle The Musical*, plus a special puppetry workshop at their school.

Cherry Duggan, head of schools and youth at WWF-UK said: "Schools across the UK showed us how much they care about our planet with these incredible poems. It was a challenge for the judges to pick just two winners, as all the entries were of such a high standard. We want to say a huge thank you to everyone who entered."

A big well done to the runners-up, **Lauren Wills** from Brighton and Hove Prep School and **Helena White** from St Christopher's C of E High School, who will each receive four tickets to see *Doctor Dolittle The Musical*. The judges also highly commended **Saphia Scott** from Thames Primary Academy and she will receive a WWF rhino adoption.



Amna's winning poem



Nalini's snow leopard illustration

Schools can access the Living Planet Report and register with WWF to receive a wide range of classroom resources at www.org.uk/lprschoollcomp